

# Healthier habits—and a community of support

WW MEMBER  
GABI B.  
-43 LB<sup>^</sup>

WW MEMBER  
KEENAN S.  
-127 LB<sup>^</sup>



We've partnered with WeightWatchers<sup>®</sup> to offer you a special **membership discount.**

**/ Nutrition made simple**

Get an eating plan tailored to *your* body, meal-planning tools, and thousands of recipes.

**/ An award-winning app**

Tap into innovative trackers, coaching sessions, meditations, and more.

**/ 24/7 community**

Join a support squad of expert WW coaches and members ready to share stories and cheer you on. Connect through the WW app and virtual or in-person Workshops.

**/ The benefits of experience**

Learn what works with a program based on 60 years of experience—and the latest research on nutrition and behavior change.

<sup>^</sup>People following the WW program can expect to lose 1–2 lb./wk.

## Cintas is proud to partner with WeightWatchers

Join WeightWatchers today!

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Core: [Click Here](#)  
(previously Digital)

Premium: [Click Here](#)

(previously Unlimited Workshops + Digital)

**French**

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(previously Unlimited Workshops + Digital)

**Already a WeightWatchers member?**

Sync your current account, or call WeightWatchers customer service at 866-204-2885.